

ST. XAVIER'S COLLEGE RANCHI (AUTONOMOUS)

(An Autonomous College of Ranchi University)

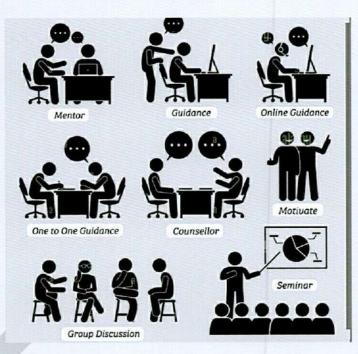
Accredited by NAAC with B+ Grade

Department of Education

(Certificate course on)

Guidance and Counselling

Course code:- BEDC-02 (Duration: 30 hours)



Dr Camil Bulcke Path, Purulia Road,

Post-Box No - 9

Ranchi, Jharkhand 834001

Mail: info@sxcran.org

Phone: (0651) 2214301 Mobile: 7667441761

Website: https://sxcran.ac.in/



BEDC - 02

GUIDANCE AND COUNSELLING

Course Coordinator: Dr. Sudhanshu Cyril Kujur

Course Convener: Dr. Fr. Florence Purty, S.J.

No. of Seat: 30

Course Eligibility: UG/PG/Vocational (Any other Stream)

Course Fee: 3,000/-

Total No. of Classes: 40

Time: 8:30 a.m. to 9:30 a.m.

Course Brochures: Application on College Website

Medium: English/Hindi

Total Marks: 100

Passing Marks: 40

Evaluation Method: Internal Assessment + Assignment = 30 Marks

Theory Examination =70 Marks

HOD St. Xavier's College

July 19/05/2025

COURSE OBJECTIVE: -

Co1 To make student aware about the concepts of guidance & counselling.

Co2 To impart technique of collecting information and data for guidance.

Co3 To acquire basic knowledge and skills of evaluation for guidance programme.

Co4 To develop understanding the role of a counselor.

Co5 To create an awareness of working culture in guidance and counselling centres.

COURSE OUTCOME:-

After the completion of the course the students will have the ability to.

- 1. Attain the knowledge & skill of guidance and counselling.
- 2. Conduct guidance and counselling session.
- 3. Collect information and data for guidance and counselling.
- 4. Adopt working culture of guidance & counselling centre.

COURSE CONTENT:-

SI. No.	Topic	Hours
1	Introduction of Guidance	2 hrs.
2	Scope & Principle of Guidance	2 hrs.
3	Types of Guidance	2 hrs.
4	Introduction of Counselling	2 hrs.
5	Principle of Counselling	2 hrs.
6	Counselling approaches	4 hrs.
7	Group Counselling vs Individual Counselling	4 hrs.
8	Techniques of Collecting Information	4 hrs.
9	Non- testing technique for guidance	4 hrs.
10	Evaluation of a guidance programme	4 hrs.

Reference:-

- A.K. Narayana Rao (2002) Guidance and Counseling, APH Publishing Corporation, New Delhi.
- Arulmani, G & Arulmani, S. Nag (2004): Career Counseling: A Handbook, New Delhi, Tata Ms Graw hill Publishing Company Limited.
- Asha, Bhatnagar (1999). Guidance and Counseling: Theoretical Perspective, Vol. 1, New Delhi Vikas Publishing House.
- Baker, B Stanley (1992) School Counseling for the Twenty First Century, New York.
- Bernard, H.W & Fullner, D.W. (1987) Principles of Guidance, a Basic Test (Indian Education), New Delhi; Allied Publishers Pvt. Ltd.,
- Bhattacharya (1984); Guidance and Counseling, Bombay: Sheth Publication.
- Chauhan, S.S. (1982). Principles of Guidance, New York.
- Gidson, R.L & Mitchell, M.H (2003): Introduction to Counseling and Guidance New Delhi.
- Jayaswal S. (1981) Guidance and Counseling, Lucknow: Prakashan Kendra.
- John S. Kośhy (2004) Guidance and Counseling Dominant Publishers and Distributors, New Delhi.
- Jonse, R,N (2000) Introduction to Counseling Skills: Text and Activities, New Delhi.
 Sage Publications.
- Kochhar, S. K (1979) Guidance in Indian Education, New Delhi: Sterling Publisher Pvt.
 Ltd.
- Mishra, R. C. (2005) Guidance & Counseling (2 vols); New Delhi: APH Publishing Cooperation.
- Nayak, A. K. (1997) Guidance & Counseling New Delhi; APH, Publishing Cooperation.
- Ramesh Chaturvedi (2007) Guidance and Counseling Techniques Crescent Publishing Corporation, New Delhi.
- Safaya, Rai (2002); Guidance and Counseling, Chandigarh: Abhishek Publishers.
- Sharma, A. (2006); Guidance & Counselling, Guwahati: DVS Publishers and Distributors.
- Sitaram Sharma (2005) Guidance and Counseling. An Introduction, Shri Sai Printing Graphics, New Delhi.
- Vashist, S.R. (2001); Methods of Guidance, New Delhi: Anmol Publishing, 20.
 Venkataiah, S. (2000); Vocational Education, New Delhi: Anmol Publishing.