



Monthly Report: June 2025

1] International Yoga Day

DATE: 21st june, 2025

Location: Fr. C de brouwer auditorium

The National Service Scheme (NSS) and National Cadet Corps (NCC) units of St. Xavier's College, Ranchi, jointly celebrated the 11th International Yoga Day on 21st June 2025.

The event aimed at promoting physical fitness, mental peace, and holistic well-being among the youth, in alignment with the national movement towards a healthier lifestyle.

The event commenced at 7:30 AM at the college premises, either on the terrace or in the auditorium, with the enthusiastic participation of NSS volunteers, several NCC cadets, and Students from the intermediate section.

A professional yoga instructor led the session, guiding students through a structured sequence of traditional yogic asanas and breathing techniques.





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The event was smoothly coordinated under the guidance of Dr. Anirban Gupta, NSS Programme Officer and Lt. Dr. Priya Srivastava, Associate NCC Officer

They ensured a collaborative atmosphere, proper arrangement of mats, water, and post-session refreshments.

Adding to the significance of the event, the Principal of the college, Rev. Fr Dr. Robert P. Kujur, S.J., along with the Vice Principal and several senior faculty members, also joined the session. Their presence not only motivated the students but also reflected the inclusive and health-conscious culture promoted by the



college. Their active participation alongside students fostered a strong message of unity, discipline, and collective well-being.



The International Yoga Day celebration at St. Xavier's College, Ranchi, was a resounding success, thanks to

the combined efforts of the NSS and NCC units. It reflected the institution's commitment to nurturing not only academic excellence but also physical and spiritual well-being.

The event served as a reminder that in a fast-paced modern world, taking time for inner peace and self-care is not a luxury—but a necessity.



2] Anti Drug Marathon

DATE: 26 June, 2025

Location: Morabadi Ground, Ranchi

On the occasion of the International Day Against Drug Abuse and Illicit Trafficking, the Government of Jharkhand organized a large-scale marathon on June 26, 2025, in Ranchi. The marathon, which began at Morhabadi Ground and concluded at Albert Ekka Chowk, was part of a statewide awareness campaign focused on encouraging youth to lead a healthy and drug-free life. This initiative witnessed the enthusiastic participation of people from all walks of life, including students, government officials, athletes, and civil society members.

Among the spirited participants were the NSS volunteers of St. Xavier's College,



Ranchi, who played a commendable role in the success of the event. Demonstrating their commitment to community welfare and social responsibility, the volunteers actively took part in the marathon while also contributing to the event's broader awareness efforts. Carrying placards and chanting slogans, they encouraged bystanders and fellow participants to take a stand against drug abuse. Their involvement was not limited to



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running; they also assisted in managing logistics, guiding participants, distributing water, and maintaining order throughout the route.



The participation of the NSS unit reflected the core values of the National Service Scheme—selfless service, teamwork, and youth empowerment. Their presence and effort helped amplify the core message of the event: building a drug-free Jharkhand through collective awareness and action. The college administration and faculty appreciated the dedication shown by the volunteers, recognizing their role in both representing the institution and contributing meaningfully to a vital social cause.

In conclusion, the involvement of NSS volunteers from St. Xavier's College, Ranchi, in the anti-drug marathon stood as a powerful reminder of the potential youth hold in shaping a healthier, more conscious society. Their active engagement not only supported the goals of the campaign but also set a strong example for others to follow.