NSS Monthly Report (July 2024)

Art of Living Session

Date: 13th July, 2024

Venue: Fr. C. De. Brouwer Auditorium

On July 13, 2024, the "ART OF LIVING" foundation collaborated with the NSS unit of St. Xavier's College Ranchi to host an event focused on "Mitigating Exam Blues and Handling Peer Pressure." The gathering aimed to provide students with practical strategies to manage stress and peer pressure. The event began with a welcome from NSS student representative Sidra Nadeem, followed by a speech from the chief guest, Mr. Ujjwal Bhaskar, who shared personal experiences highlighting resilience and self-awareness. Mr. Manas Pulse energized the audience with concentration games and introduced yoga and meditation to relieve stress. Mr. Rakesh Bhramar led an interactive Q&A session, offering practical advice on coping with exam stress and peer pressure. The event concluded with a vote of thanks from NSS student representative Rimsah Haseeb, expressing gratitude to all involved.

In conclusion, het event successfully equipped students with essential tools to handle academic and social pressures, thanks to the effective collaboration between the "ART OF LIVING" foundation and the NSS unit of St. Xavier's College **Ranchi.**

NSS Unit 1 Viva Examination

Date: 20th & 22nd July, 2024

Venue: Fr. Proost Seminar Hall

      The viva exam for the Unit 1 volunteers of the NSS Unit at St. Xavier's College Ranchi, conducted on July 20 and 22, 2024, was held in two halves. It served as an assessment for promotion into Unit 2. Both interviewers and interviewees exhibited enthusiasm throughout the process. Volunteers were asked about their projects, highlighting their involvement and dedication. Situation-based questions assessed their problem-solving abilities and adaptability to real-world challenges. This structured approach allowed for a thorough evaluation of each volunteer's understanding and readiness for more advanced responsibilities. In conclusion, the viva not only gauged the volunteers' capabilities but also reinforced their commitment to progressing and making a greater impact through their initiatives.

Digital Literacy Programme

Date: Various

Venue: Commerce Computer Lab

The NSS Unit of St. Xavier's College Ranchi, in collaboration with the Internal Quality Assurance Cell (IQAC), conducted a digital literacy program aimed at enhancing the digital skills of its volunteers. The program consisted of various classes designed to equip participants with comprehensive digital knowledge and expertise. The curriculum covered a wide range of topics, including basic computer skills, internet usage, cybersecurity, and the use of digital tools for effective communication and project management. The initiative was motivated by the goal of empowering volunteers to navigate and leverage digital technologies efficiently, thereby improving their overall effectiveness in community service and beyond. In conclusion, the program successfully provided participants with valuable digital skills, preparing them to excel in both their volunteer roles and future professional endeavors.

Ranchi, Jharkhand, India
988G+V8H, Pathalkudwa, Nayatoli, Ranchi, Jharkhand 834001, India
Lat 23.36738°
Long 85.325548°
01/07/24 10:29 AM GMT +05:30

Cleanliness Drive

Date: 31st July 2024

Venue: College Campus and Purulia Road

On July 31, 2024, the NSS Unit of St. Xavier's College Ranchi conducted a cleanliness drive, emphasizing environmental awareness and community service. Father Principal Dr. Nabor Lakra launched the event with a motivational speech, highlighting the importance of a clean environment, and actively participated in the activities. His leadership inspired volunteers, including M.Com students, who joined forces with the NSS Unit to make a significant impact. Program Officer Dr. Anirban Gupta ensured the smooth execution of the drive, coordinating logistics and overseeing activities such as litter cleanup and tree planting. This collaborative effort not only improved the campus and surrounding areas but also instilled a sense of responsibility and teamwork among participants. In conclusion, the drive exemplified the college community's dedication to sustainability and set a precedent for future initiatives.